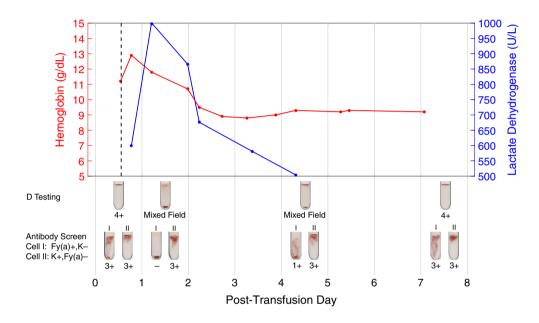
TRANSFUSION MEDICINE ILLUSTRATED

Visual evidence of a hemolytic transfusion reaction identified by blood bank testing after emergency blood transfusion

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A 76-year-old group O-positive female with history of gastritis presented to the emergency department (ED) after hematemesis at home with associated hypotension (systolic blood pressure [BP] in the 80s) and tachycardia. BP improved after normal saline infusion. The patient was emergently transfused two group O-negative red blood cell (RBC) units obtained from the ED refrigerator in the absence of an active type and screen. BP was 101/70 at the time of the first transfusion.

The patient's previously identified antibodies included anti-Fy(a) and anti-K. An antibody screen using screening cell (SC)-I [Fy(a)+,K-] and SC-II [K+,Fy(a)-] was positive with the antibody panel workup significant for anti-Fy(a) and anti-K. The post-transfusion DAT became positive; the eluate contained anti-Fy(a) and anti-K. Retrospective crossmatch showed incompatibility for both RBC units: the first typed as K+,Fy(a)- and the second K-,Fy(a)+.

The patient developed a hemolytic transfusion reaction following transfusion. The pre- and post-transfusion hemoglobins were 11.2 g/dL (result not available prior to transfusion) and 12.9 g/dL, respectively. Hemoglobin decreased despite no additional bleeding; lactate dehydrogenase increased (see Figure). Total bilirubin increased from 0.3 to 1.3 g/dL (indirect 0.9 g/dL) while creatinine increased from 0.8 to 1.14 mg/dL. Haptoglobin was 86 mg/dL 5 hours post-transfusion and became undetectable within 48 hours. The patient was afebrile throughout hospitalization and did not exhibit any non-laboratory signs/symptoms of hemolysis.

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This case underlines the risk of hemolytic transfusion reactions due to non-ABO antibodies and the benefits of single-unit transfusions, postponing transfusion until crossmatched RBCs are available, and avoiding unnecessary transfusions for patients with upper gastrointestinal bleeds.²

CONFLICT OF INTEREST

The authors have disclosed no conflicts of interest.

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